



glow  
★ with alison®

# Aftercare guide

Essential care tips to maintain the quality  
and longevity of your clip-in topper



## WASHING, DRYING & STYLING (ONCE A MONTH MAXIMUM)

1. Wash your topper when it is not attached to your natural hair
2. Always use products recommended by Glow with Alison (gentle, sulphate-free – do not use protein treatments such as Olaplex or K18)
3. Place your hand underneath the base and with a shower head set to a cool temperature, direct the water down the hair shaft to soak the topper (for lace hairline toppers, wash upside-down so the hair hangs down vertically)
4. Gently cleanse the hair with shampoo using a smooth downward motion ensuring the parting remains intact and in position – do not scrub or rub the hair together
5. Rinse thoroughly then smooth a deep conditioning mask from the mid-lengths to the ends of the hair to keep your topper hydrated – keep conditioners away from the base to ensure shedding is kept to a minimum
6. Rinse thoroughly again, then squeeze out the excess water
7. Your topper can be left to air-dry but comb it through first with a wide-tooth comb and place it on a wig stand or blockhead to maintain its shape – if you have a silk base topper, use a hairdryer to ensure the layers of the base are dry
8. When using a hairdryer, apply a heat protector spray all over the hair first
9. Place your hand underneath the base and direct warm (not hot) air down the hair shaft, again keeping the parting intact and brushing through with a wide-toothed comb or soft-bristled brush
10. Apply a small amount of oil (Verb Ghost Oil or Davines Ol Oil are lovely) to the ends of your topper hair regularly when the hair is dry, there is no need to wash this off
11. Heat tools are fine to use occasionally but overuse can cause breakage and fade the colour so keep the heat low at around 180° and always use heat protector spray first
12. Store your topper away from direct sunlight, moisture and heat sources, ideally on a wig stand or blockhead to maintain its shape



## BRUSHING

Brush with a wide-toothed comb and/or a soft-bristled brush to prevent matting.



## SLEEPING

It is not advisable to sleep whilst wearing your topper as this can cause undue stress on your natural hair which is held in the clips.



## EXERCISE, STEAM ROOMS & SAUNAS

To ensure its quality and longevity, limit exposure to heat and moisture – as your topper is removable, it is advisable not to wear it when exercising or visiting spas.



## SUNBEDS, SUNSHINE & SWIMMING

Wearing your topper whilst sunbathing or swimming is not advised as UV and chlorine can affect the colour and compromise the quality. Avoid wearing sunscreen containing Avobenzone and/or Octocrylene as they can discolour the hair – check the ingredients but 'mineral' sunscreens are usually safe.

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Clip-in toppers are a temporary hair enhancement solution. To maintain the integrity of your natural hair, especially where the clips are located, it is advised that they are not worn constantly, just for short periods of time on an intermittent basis.

**If you have any questions please call, message or WhatsApp Alison on 07749 717074 or email [hair@glowwithalison.co.uk](mailto:hair@glowwithalison.co.uk)**